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Clinical development Physiotherapist
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Research Focus

My scientific focus area is primarily early mobilization and physical activity during hospitalization in patients undergoing emergency abdominal surgery (AHA).

Employment

2010-d.d. Clinical development physiotherapist, The department of Physiotherapy and Occupational Therapy, Amager-Hvidovre Hospital, Denmark
2005-2010 Physiotherapist, the department of Physiotherapy and Occupational Therapy, Glostrup Hospital, Denmark

Education

2017-2019 Master of Science in Physiotherapy (MSc PT), University of Southern Denmark, Denmark
2008-2010 Master of Rehabilitation (MR), University of Southern Denmark, Denmark
2001-2005 Bachelor degree in Physiotherapy (PT), University College of Physiotherapy Copenhagen, Denmark

Other professional experience:

Supervisor or lecturer in:

“Evidence based practice” courses organized by Hospitals in the capital region of Denmark.

“Validity and reliability of measurement methods” courses organized by Hospitals in the capital region of Denmark.

“Exercise for patients with lung disease” courses organized by Danish association of Physiotherapy.

Research outputs

Early intensive mobilization after acute high-risk abdominal surgery: a nonrandomized prospective feasibility trial

Jønsson, L. R., Foss, N. B., Orbæk, J., Lauritsen, M. L., Sejrsen, H. N. & Kristensen, M. T., 2023, In: Canadian journal of surgery. Journal canadien de chirurgie. 66, 3, p. E236-E245

Validation of Two Activity Monitors in Slow and Fast Walking Hospitalized Patients

Pedersen, B. S., Kristensen, M. T., Josefsen, C. O., Lykkegaard, K. L., Jønsson, L. R. & Pedersen, M. M., 2022, In: Rehabilitation research and practice. 2022, p. 9230081 9230081.

Interrater reliability of the standardized Timed Up and Go Test when used in hospitalized and community-dwelling older individuals

Kristensen, M. T., Bloch, M. L., Jønsson, L. R. & Jakobsen, T. L., Apr 2019, In: Physiotherapy Research International. 24, 2, p. e1769 6 p., e1769.

Physical performance following acute high-risk abdominal surgery: a prospective cohort study

Jønsson, L. R., Ingelsrud, L. H., Tengberg, L. T., Bandholm, T., Foss, N. B. & Kristensen, M. T., 1 Feb 2018, In: Canadian Journal of Surgery. 61, 1, p. 42-49

Introducing a Third Timed Up & Go Test Trial Improves Performances of Hospitalized and Community-Dwelling Older Individuals

Bloch, M. L., Jønsson, L. R. & Kristensen, M. T., 2017, In: Journal of geriatric physical therapy. 40, 3, p. 121-126

Cumulated Ambulation Score til vurdering af mobilitet hos geriatriske patienter og hos patienter med hoftebrud

Kristensen, M. T., Jakobsen, T. L., Nielsen, J. W., Jørgensen, L. M., Nienhuis, R. J. & Jønsson, L. R., 2012, In: Ugeskrift for Laeger. 174, 34, p. 1900 1 p.

Cumulated Ambulation Score to evaluate mobility is feasible in geriatric patients and in patients with hip fracture

Kristensen, M. T., Jakobsen, T. L., Nielsen, J. W., Jørgensen, L. M., Nienhuis, R.-J. & Jønsson, L. R., 2012, In: Danish Medical Journal. 59, 7, p. A4464

Intra- and interrater reliability and agreement of the Danish version of the Dynamic Gait Index in older people with balance impairments

Jønsson, L. R., Kristensen, M. T., Tibaek, S., Andersen, C. W. & Juhl, C., 2011, In: Archives of Physical Medicine and Rehabilitation. 92, 10, p. 1630-5 6 p.