

## **Mette Merete Pedersen**

PT, MHSc, PhD

Senior Researcher, Department of Clinical Research, Cph. Uni. Hosp., Hvidovre  
Associate Professor, Department of Clinical Medicine, University of Copenhagen

Postal address:

Klinisk Forskningscenter, afs. 056  
Hvidovre Hospital  
Kettegård Allé 30  
2650 Hvidovre, Denmark

Email: mette.merete.pedersen@regionh.dk

Fax: +45 3862 3797

Phone: +45 3862 3350

## **Research Focus**

I have 13 years of experience within clinical research. My scientific focus area is maintenance of mobility and functioning in older adults (+65). I focus specifically on exercise and mobility regimens aiming at avoiding functional decline in connection with a hospitalization and thereby enabling older adults to maintain their independence.

## **Employment**

Senior researcher, Department of Clinical Research, Copenhagen University Hospital, Hvidovre, Denmark; 2020 ->

Associate Professor, Department of Clinical Medicine, University of Copenhagen 2020 -&gt;

## **Other professional experience**

Advisory Board Member, Danish Society for Physiotherapy in Gerontology and Geriatrics, Denmark (2022-)

Member of Steering Committee for the 'National Database for frail older adults', Denmark (2022-)

Member of the Regional Ethics Committee of the Capital Region (2022-)

Member of assessment committee for "Development and Research Grant", KL and Sundhedskartellet (2019)

Member of Scientific Board for 'Nordic Congress of Gerontology 2022', Denmark (2018-2022)

Member of Steering Committee for the 'National Database for Geriatrics', Denmark (2017-2019)

Member of Working Group at the Association of Danish Physiotherapists providing proposals for developing a 'National Action Plan for Dementia' at the National Board of Health, Denmark (2016)

Member of working group at The National Board of Health, Denmark, developing a 'National Clinical Guideline on exercise and nutrition in geriatric patients' (2015-16)

Member of Scientific Board for 'Congress on the Older Medical Patient' organized by the Association of Danish Physiotherapists (2015)

## **Education**

PhD in Clinical Research, University of Copenhagen, Denmark (2016)

Master of Health Sciences (MHSc), Faculty of Health and Medical Sciences, University of Copenhagen, Denmark (2009)

Physiotherapist, Copenhagen School of Physiotherapy, Denmark (1999)

1½ years at BA int. (Bachelor of International Business Administration)

## **Academic awards and honours**

**Kirsten Avlund-prisen**

Pedersen, Mette Merete (Recipient), 2016

## **Dissemination of research**

Thirty-eight peer-reviewed scientific publications.

Six news coverages: "Fysioterapeuten" (no.1, 2022), "Krop og Fysik" (2020), "Fysioterapeuten" (2015), "Krop og Fysisk" (2016), "Nyhedsbrev om forskning" (2015) and "Dagens Medicin" (2012). Member of project group developing patient videos <https://lnkd.in/d-HE5Qg4>