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## Employment

**Director of The Human Migraine Research Unit, Danish Headache Center**

Professor of Neurology  
Department of Neurology  
The Capital Region of Denmark  
1 Jan 2015 → present

**University of Copenhagen**

Copenhagen, Denmark  
1 Jan 2005 → present

## Main research areas

Migraine; migraine aura; structural and functional brain imaging, human provocation models of migraine and cluster headache; drug identification and novel signaling pathways in primary headaches

## Expertises

At the Human Migraine Research Unit (HMRU), we seek to understand molecular mechanisms of migraine and to identify disease specific biomarkers (the molecular footprint of migraine). The core expertise of our members is human provocation models of migraine and ultrasound-based diagnostic imaging techniques used for visualizing vascular responses during experimentally induced migraine attacks. Over recent years, we have added additional expertise in functional and structural magnetic resonance imaging (incl. MR-angiography & functional MRI). These advanced imaging techniques constitute an important supplement to our provocation models and provide new and exciting insights into migraine pathophysiology. Furthermore, the HMRU has extended its field of interest by utilizing migraine genetic discoveries in human models of migraine to investigate functional consequences of genetic mutations. These achievements would not have been possible without strong collaborative work between the HMRU, the Functional Imaging Unit, Rigshospitalet Glostrup and International Headache Genetics Consortium.

## Current research

In the current projects we intend to broaden our research program with novel human models of migraine and cluster headache, and new imaging techniques (including investigation of brain metabolism and imaging macrophages with nanoparticles) with the ultimate goal of defining predictive animal models of migraine, and discovery of targets for more specific and more effective mechanism-based anti-migraine drugs.

## Potential conflicts of interest

Co-Editor of Journal of Headache and Pain

Associate Editor of Cephalgia

Personal fees from Alder BioPharmaceuticals, Allergan, Amgen, Autonomic Technologies Inc. (ATI), Eli Lilly and Novartis

Principal investigator for Amgen trials 20120178, 20120295, 20130255, and 20120297, and GM-11 gammaCore®-R trial

## Research outputs

**Signs of Cortical Inflammation in Migraine Measured with Quantitative Magnetic Resonance Imaging: A Registry for Migraine (REFORM) Study**

Christensen, R. H., Ashina, H., Al-Khazali, H. M., Ocampo-Pineda, M., Rahmazadeh, R., Hadjikhani, N., Granziera, C., Amin, F. M. & Ashina, M., Jun 2025, In: Annals of Neurology. 97, 6, p. 1168-1179 12 p.

**The mysterious link between migraine aura and migraine headache**

Hougaard, A., Ayata, C., Brennan, K. C., van den Maagdenberg, A. M. J. M. & Ashina, M., Jun 2025, In: PLoS Biology. 23, 6, e3003168.

**Effects of substance P on headache induction and arterial dilation in healthy adults**

Al-Khzali, H. M., Christensen, R. H., Gozalov, E., Hakimzadeh, Z., Melchior, A. G., Dominguez-Moreno, R., Ashina, M. & Ashina, H., May 2025, In: Cephalalgia : an international journal of headache. 45, 5, p. 3331024251336132 03331024251336132.

**Intact white matter in adults with migraine: A REFORM MRI study**

Gollion, C., Ashina, H., Häckert Christensen, R., Al-Khzali, H. M., Tolnai, D., Ashina, M. & Mohammad Amin, F., May 2025, In: Cephalalgia : an international journal of headache. 45, 5, p. 3331024251339423 03331024251339423.

**Serum GFAP and NfL levels in migraine: A registry for migraine (REFORM) study**

Gozalov, E., Karlsson, W. K., Christensen, R. H., Al-Khzali, H. M., Hansen, M. B., Olsen, D. A., Søndergaard, H. B., Sellebjerg, F., Madsen, J. S., Ashina, M. & Ashina, H., May 2025, In: Cephalalgia : an international journal of headache. 45, 5, p. 1-11 03331024251338178.

**Plasma SuPAR and therapeutic response to erenumab in migraine: a REFORM study**

Karlsson, W. K., Christensen, R. H., Al-Khzali, H. M., Kallemose, T., Nawfal Jawad, B., Andersen, O., Ashina, M. & Ashina, H., 24 Apr 2025, In: The Journal of Headache and Pain Online. 26, 1, p. 86 86.

**PACAP38-induced migraine attacks are independent of CGRP signaling: a randomized controlled trial**

Al-Karagholi, M.A.-M., Zhuang, Z. A., Beich, S., Ashina, H. & Ashina, M., 14 Apr 2025, In: The Journal of Headache and Pain Online. 26, 1, p. 79 79.

**Long-term Maintenance of ≥50% and ≥75% Migraine Response With Eptinezumab in Patients With High-frequency Episodic Migraine and Chronic Migraine and 2-4 Prior Migraine Preventive Treatment Failures (P12-12.005)**

Ailani, J., Ashina, M., Awad, S., Kapur, N., Grossman, S. W., Soni-Brahmbhatt, S. & Lipton, R. B., 8 Apr 2025, In: Neurology. 104, 7\_Supplement\_1, 3908.

**Evidence-based guidelines for the pharmacological treatment of migraine**

Ornello, R., Caponnetto, V., Ahmed, F., Al-Khzali, H. M., Ambrosini, A., Ashina, S., Baraldi, C., Bellotti, A., Brighina, F., Calabresi, P., Casillo, F., Cevoli, S., Cheng, S., Chiang, C.-C., Chiarugi, A., Christensen, R. H., Chu, M. K., Coppola, G., Corbelli, I. & Crema, S. & 54 others, De Icco, R., de Tommaso, M., Di Lorenzo, C., Di Stefano, V., Diener, H.-C., Ekizoglu, E., Fallacara, A., Favoni, V., Garces, K. N., Geppetti, P., Goicochea, M. T., Granato, A., Granella, F., Guerzoni, S., Ha, W.-S., Hassan, A., Hirata, K., Hoffmann, J., Hüssler, E.-M., Hussein, M., Iannone, L. F., Jenkins, B., Labastida-Ramirez, A., Laporta, A., Levin, M., Lupica, A., Mampreso, E., Martinelli, D., Monteith, T. S., Orologio, I., Özge, A., Pan, L.-L. H., Panneerchelvam, L. L., Peres, M. F. P., Souza, M. N. P., Pozo-Rosich, P., Prudenzano, M. P., Quattrocchi, S., Rainero, I., Romanenko, V., Romozzi, M., Russo, A., Sances, G., Sarchielli, P., Schwedt, T. J., Silvestro, M., Swerts, D. B., Tassorelli, C., Tessitore, A., Togha, M., Vaghi, G., Wang, S.-J., Ashina, M. & Sacco, S., Apr 2025, In: Cephalalgia : an international journal of headache. 45, 4, p. 3331024241305381

**Evidence-based guidelines for the pharmacological treatment of migraine, summary version**

Ornello, R., Caponnetto, V., Ahmed, F., Al-Khzali, H. M., Ambrosini, A., Ashina, S., Baraldi, C., Bellotti, A., Brighina, F., Calabresi, P., Casillo, F., Cevoli, S., Cheng, S., Chiang, C.-C., Chiarugi, A., Christensen, R. H., Chu, M. K., Coppola, G., Corbelli, I. & Crema, S. & 54 others, De Icco, R., De Tommaso, M., Di Lorenzo, C., Di Stefano, V., Diener, H.-C., Ekizoglu, E., Fallacara, A., Favoni, V., Garces, K. N., Geppetti, P., Goicochea, M. T., Granato, A., Granella, F., Guerzoni, S., Ha, W.-S., Hassan, A., Hirata, K., Hoffmann, J., Hüssler, E.-M., Hussein, M., Iannone, L. F., Jenkins, B., Labastida-Ramirez, A., Laporta, A., Levin, M., Lupica, A., Mampreso, E., Martinelli, D., Monteith, T. S., Orologio, I., Özge, A., Pan, L.-L. H., Panneerchelvam, L. L., Peres, M. F., Souza, M. N. P., Pozo-Rosich, P., Prudenzano, M. P., Quattrocchi, S., Rainero, I., Romanenko, V., Romozzi, M., Russo, A., Sances, G., Sarchielli, P., Schwedt, T. J., Silvestro, M., Swerts, D. B., Tassorelli, C., Tessitore, A., Togha, M., Vaghi, G., Wang, S.-J., Ashina, M. & Sacco, S., Apr 2025, In: Cephalalgia : an international journal of headache. 45, 4, p. 3331024251321500

**Consensus Recommendations to Establish Reporting Standards in fMRI of Migraine: A Delphi Study**

Schramm, S., Börner-Schröder, C., Reichert, M., Ramschütz, C., Androulakis, X. M., Ashina, M., Coppola, G., Cucchiara, B., Dong, Z., Du, X., Fischer-Schulte, L. H., Goadsby, P. J., Christensen, R. H., Henderson, L. A., Hougaard, A., Liu, J.-R., Juhasz, G., Karsan, N., Kong, J. & Lee, J. & 18 others, Lee, M. J., Linnman, C., Mathur, V., May, A., Mehnert, J., Moulton, E., Niddam, D. M., Schoenen, J., Seminowicz, D. A., Stankewitz, A., Tu, Y., Veréb, D., Yin, T., Zimmer, C., Heinen, F., Baum, T., Bonfert, M. V. & Sollmann, N., 11 Mar 2025, In: *Neurology*. 104, 5, p. e210235

**Lost earnings among triptan non-responders in the general population of Denmark: a measure of disproportionate migraine-attributed burden and of unrecognised and unmet treatment need**

Ashina, M., Steiner, T. J., Hansen, J. M., Hauberg, D. S., Lønberg, U. S., Spanggaard, M., Olsen, J., Stallknecht, S. B. & Hansen, T. F., Dec 2025, In: *Journal of Medical Economics*. 28, 1, p. 398-404 7 p.

**Guidelines of the International Headache Society for Real-World Evidence studies in migraine and cluster headache**

Pozo-Rosich, P., van Veelen, N., Caronna, E., Vaghi, G., Torres-Ferrus, M., van der Arend, B. W. H., Goadsby, P. J., Ashina, M., Wang, S.-J., Diener, H.-C., Tassorelli, C. & Terwindt, G. M., Mar 2025, In: *Cephalalgia : an international journal of headache*. 45, 3, p. 3331024251318016

**Somatosensory migraine auras evoked by bihemispheric cortical spreading depression events in human parietal cortex**

Gollion, C., Christensen, R. H., Ashina, H., Al-Khadali, H. M., Fisher, P. M., Amin, F. M., Lauritzen, M. & Ashina, M., Mar 2025, In: *Journal of cerebral blood flow and metabolism : official journal of the International Society of Cerebral Blood Flow and Metabolism*. 45, 3, p. 558-567 10 p.

**Meningeal KATP channels contribute to behavioral responses in preclinical migraine models**

Mei, H.-R., Lam, M., Kulkarni, S. R., Ashina, H., Ashina, M. & Dussor, G., 1 Feb 2025, In: *Pain*. 166, 2, p. 398-407 10 p.

**Setting higher standards for migraine prevention: A position statement of the International Headache Society**

Sacco, S., Ashina, M., Diener, H.-C., Haghdoost, F., Lee, M. J., Monteith, T. S., Jenkins, B., Peres, M. F. P., Pozo-Rosich, P., Ornello, R., Puledda, F., Sakai, F., Schwedt, T. J., Terwindt, G., Vaghi, G., Wang, S.-J., Ahmed, F. & Tassorelli, C., Feb 2025, In: *Cephalalgia : an international journal of headache*. 45, 2, p. 3331024251320608

**Elevated plasma levels of calcitonin gene-related peptide in individuals with rosacea: A cross-sectional case-control study**

Wienholtz, N. K. F., Christensen, C. E., Ashina, H., Jørgensen, N. R., Egeberg, A., Thyssen, J. P. & Ashina, M., Jan 2025, In: *Journal of the European Academy of Dermatology and Venereology : JEADV*. 39, 1, p. 181-188 8 p.

**Long-term reductions in acute headache medication use after eptinezumab treatment in patients with migraine and prior preventive treatment failures: Post hoc analysis of the DELIVER randomized trial**

Gryglas-Dworak, A., Schim, J., Ettrup, A., Boserup, L. P., Josiassen, M. K., Ranc, K., Sperling, B. & Ashina, M., Jan 2025, In: *Headache*. 65, 1, p. 101-112 12 p.

**Association of plasma soluble urokinase plasminogen activator receptor concentrations and migraine with aura: a REFORM study**

Tesfay, B., Ashina, H., Christensen, R. H., Al-Khadali, H. M., Karlsson, W. K., Amin, F. M., Jawad, B. N., Andersen, O. & Ashina, M., 2025, In: *Brain communications*. 7, 1, fcae475.

**Clinical predictors for efficacy of erenumab for migraine: a Registry for Migraine (REFORM) study**

Karlsson, W. K., Ashina, M., Christensen, R. H., Al-Khadali, H. M. & Ashina, H., 2025, In: *Brain communications*. 7, 2, p. fcacf147 fcacf147.

**Migraine headache and aura induced by hypoxia**

Al-Karagholi, M.A.-M., Arngrim, N. & Ashina, M., Nov 2024, In: *The Journal of physiology*. 602, 21, p. 5515-5522 8 p.

**Pituitary adenylate cyclase-activating polypeptide signalling as a therapeutic target in migraine**

Ashina, H., Christensen, R. H., Hay, D. L., Pradhan, A. A., Hoffmann, J., Reglodi, D., Russo, A. F. & Ashina, M., Nov 2024, In: *Nature reviews. Neurology*. 20, 11, p. 660-670 11 p.

**Comparative effects of drug interventions for the acute management of migraine episodes in adults: systematic review and network meta-analysis**

Karlsson, W. K., Ostinelli, E. G., Zhuang, Z. A., Kokoti, L., Christensen, R. H., Al-Khadali, H. M., Deligianni, C. I., Tomlinson, A., Ashina, H., Ruiz de la Torre, E., Diener, H.-C., Cipriani, A. & Ashina, M., 18 Sept 2024, In: BMJ (Clinical research ed.). 386, p. e080107

**A Monoclonal Antibody to PACAP for Migraine Prevention**

Ashina, M., Phul, R., Khodaie, M., Löf, E. & Florea, I., 5 Sept 2024, In: The New England journal of medicine. 391, 9, p. 800-809 10 p.

**Cost of illness and labour market disaffiliation among patients with migraine discontinuing triptan treatment: A Danish nationwide register study from 1995 to 2021**

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**International Headache Society Global Practice Recommendations for Preventive Pharmacological Treatment of Migraine**

Puledda, F., Sacco, S., Diener, H.-C., Ashina, M., Al-Khadali, H. M., Ashina, S., Burstein, R., Liebler, E., Cipriani, A., Chu, M. K., Cocores, A., Dodd-Glover, F., Ekizoğlu, E., Garcia-Azorin, D., Göbel, C. H., Goicochea, M. T., Hassan, A., Hirata, K., Hoffmann, J. & Jenkins, B. & 21 others, Kamm, K., Lee, M. J., Ling, Y.-H., Lisicki, M., Martinelli, D., Monteith, T. S., Ornello, R., Özge, A., Peres, M. F. P., Pozo-Rosich, P., Romanenko, V., Schwedt, T. J., Souza, M. N. P., Takizawa, T., Terwindt, G. M., Thurairaiyah, J., Togha, M., Vandebussche, N., Wang, S.-J., Yu, S. & Tassorelli, C., Sept 2024, In: Cephalgia : an international journal of headache. 44, 9, p. 3331024241269735

**The headache research priorities: Research goals from the American Headache Society and an international multistakeholder expert group**

Schwedt, T. J., Pradhan, A. A., Oshinsky, M. L., Brin, M. F., Rosen, H., Lalvani, N., Charles, A., Ashina, M., Do, T. P., Burstein, R., Gelfand, A. A., Dodick, D. W., Pozo-Rosich, P., Lipton, R. B., Allani, J., Szperka, C. L., Charleston, L., Digre, K. B., Russo, A. F. & Buse, D. C. & 4 others, Powers, S. W., Tassorelli, C., Goadsby, P. J. & Headache Research Priorities Working Group Members, Sept 2024, In: Headache. 64, 8, p. 912-930 19 p.

**Effects of levromakalim in patients with migraine aura without headache: An experimental study**

Thomsen, A. V., Al-Karagholi, M.A.-M., Hougaard, A., Ostrowski, S. R. & Ashina, M., Aug 2024, In: Cephalgia : an international journal of headache. 44, 8, p. 3331024241274366 6 p.

**International Headache Society global practice recommendations for the acute pharmacological treatment of migraine**

Puledda, F., Sacco, S., Diener, H.-C., Ashina, M., Al-Khadali, H. M., Ashina, S., Burstein, R., Liebler, E., Cipriani, A., Chu, M. K., Cocores, A., Dodd-Glover, F., Ekizoğlu, E., Garcia-Azorin, D., Göbel, C., Goicochea, M. T., Hassan, A., Hirata, K., Hoffmann, J. & Jenkins, B. & 21 others, Kamm, K., Lee, M. J., Ling, Y.-H., Lisicki, M., Martinelli, D., Monteith, T. S., Ornello, R., Ozge, A., Peres, M., Pozo-Rosich, P., Romanenko, V., Schwedt, T. J., Souza, M. N. P., Takizawa, T., Terwindt, G. M., Thurairaiyah, J., Togha, M., Vandebussche, N., Wang, S.-J., Yu, S. & Tassorelli, C., Aug 2024, In: Cephalgia : an international journal of headache. 44, 8, 3331024241252666.

**Systematic review and meta-analysis of Neck Disability Index and Numeric Pain Rating Scale in patients with migraine and tension-type headache**

Al-Khadali, H. M., Al-Sayegh, Z., Younis, S., Christensen, R. H., Ashina, M., Schytz, H. W. & Ashina, S., Aug 2024, In: Cephalgia : an international journal of headache. 44, 8, p. 3331024241274266

**VPAC1 and VPAC2 receptors mediate tactile hindpaw hypersensitivity and carotid artery dilatation induced by PACAP38 in a migraine relevant mouse model**

Guo, S., Rasmussen, R. H., Hay-Schmidt, A., Ashina, M., Asuni, A. A., Jensen, J. M., Holm, A., Lauritzen, S. P., Dorsam, G., Hannibal, J., Georg, B., Kristensen, D. M., Olesen, J. & Christensen, S. L., 31 Jul 2024, In: The Journal of Headache and Pain Online. 25, 1, 126.

**Erenumab for Treatment of Persistent Erythema and Flushing in Rosacea: A Nonrandomized Controlled Trial**

Wienholtz, N. K. F., Christensen, C. E., Do, T. P., Frifelt, L. E. W., Snellman, J., Lopez-Lopez, C. L., Egeberg, A., Thyssen, J. P. & Ashina, M., 1 Jun 2024, In: JAMA Dermatology. 160, 6, p. 612-619 8 p.

**Induction of cluster headache after opening of adenosine triphosphate-sensitive potassium channels: a randomized clinical trial**

Al-Kazali, H. M., Deligianni, C. I., Pellesi, L., Al-Karagholi, M.A.-M., Ashina, H., Chaudhry, B. A., Petersen, A. S., Jensen, R. H., Amin, F. M. & Ashina, M., 1 Jun 2024, In: Pain. 165, 6, p. 1289-1303 15 p.

**Hypersensitivity to CGRP as a predictive biomarker of migraine prevention with erenumab**

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**Induction of cGMP-mediated migraine attacks is independent of CGRP receptor activation**

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**Differences in Cortical Morphology in People With and Without Migraine: A Registry for Migraine (REFORM) MRI Study**

Christensen, R. H., Ashina, H., Al-Kazali, H. M., Zhang, Y., Tolnai, D., Poulsen, A. H., Cagol, A., Hadjikhani, N., Granziera, C., Amin, F. M. & Ashina, M., May 2024, In: Neurology. 102, 9, e209305.

**Non-vascular ATP-sensitive potassium channel activation does not trigger migraine attacks: A randomized clinical trial**

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**Effects of PDE-3 inhibition in persistent post-traumatic headache: evidence of cAMP-dependent signaling**

Al-Kazali, H. M., Christensen, R. H., Chaudhry, B. A., Melchior, A. G., Ashina, M., Burstein, R. & Ashina, H., 17 Apr 2024 , In: The Journal of Headache and Pain Online. 25, 1, 56.

**Eptinezumab Demonstrated Efficacy Regardless of Prior Preventive Migraine Treatment Failure Type: Post Hoc Analyses of the DELIVER Study**

Pozo-Rosich, P., Ashina, M., Tepper, S. J., Jensen, S., Boserup, L. P., Josiassen, M. K. & Sperling, B., Apr 2024, In: Neurology and therapy. 13, 2, p. 339-353 15 p.

**Safety and tolerability of atogepant for the preventive treatment of migraine: a post hoc analysis of pooled data from four clinical trials**

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**Guidelines of the International Headache Society for controlled trials of pharmacological preventive treatment for persistent post-traumatic headache attributed to mild traumatic brain injury**

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**Investigations of the migraine-provoking effect of levcromakalim in patients with migraine with aura**

Thomsen, A. V., Al-Karagholi, M.A.-M., Hougaard, A., Ostrowski, S. R., Pedersen, O. B., Hansen, T. F. & Ashina, M., Mar 2024, In: Cephalgia : an international journal of headache. 44, 3, 1 p.

**Targeting the PACAP-38 pathway is an emerging therapeutic strategy for migraine prevention**

Pellesi, L., Ashina, M. & Martelletti, P., Mar 2024, In: Expert Opinion on Emerging Drugs. 29, 1, p. 57-64 8 p.

**Postdromal symptoms in migraine: a REFORM study**

Thuraiyah, J., Ashina, H., Christensen, R. H., Al-Kazali, H. M. & Ashina, M., 21 Feb 2024, In: The Journal of Headache and Pain Online. 25, 1, 25.

**Clinical features of migraine with aura: a REFORM study**

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### **Pharmacotherapies for Migraine and Translating Evidence From Bench to Bedside**

Ashina, M., Hoffmann, J., Ashina, H., Hay, D. L., Flores-Montanez, Y., Do, T. P., De Icco, R. & Dodick, D. W., Feb 2024, In: Mayo Clinic Proceedings. 99, 2, p. 285-299 15 p.

### **Premonitory symptoms in migraine: A REFORM Study**

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### **Activation of ATP-sensitive potassium channels triggers migraine attacks independent of calcitonin gene-related peptide receptors: a randomized placebo-controlled trial**

Raffaelli, B., Do, T. P., Chaudhry, B. A., Amin, F. M., Ashina, H., Snellman, J., Maio-Twofoot, T. & Ashina, M., Jan 2024, In: Cephalgia : an international journal of headache. 44, 1, 3331024231222916.

### **Chapter 4 - CGRP receptor antagonists ( gepants )**

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### **Neurologiske Sygdomme**

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### **Responder rates with eptinezumab over 24 weeks in patients with prior preventive migraine treatment failures: post hoc analysis of the DELIVER randomized clinical trial**

Ashina, M., Lipton, R. B., Ailani, J., Versijpt, J., Sacco, S., Mitsikostas, D. D., Christoffersen, C. L., Sperling, B. & Ettrup, A., 2024, In: European Journal of Neurology. 31, 2, p. 1-9 9 p., e16131.

### **Second messenger signalling bypasses CGRP receptor blockade to provoke migraine attacks in humans**

Do, T. P., Deligianni, C., Amirkuliayev, S., Snellman, J., Lopez Lopez, C., Al-Karagholi, M.A.-M., Guo, S. & Ashina, M., 1 Dec 2023, In: Brain : a journal of neurology. 146, 12, p. 5224-5234 11 p.

### **Calcitonin gene-related peptide causes migraine aura**

Al-Kazali, H. M., Ashina, H., Wiggers, A., Rose, K., Ijazi, A., Christensen, R. H., Schytz, H. W., Amin, F. M. & Ashina, M., Dec 2023, In: Journal of Headache and Pain. 24, 1, 124.

### **Placebo and nocebo in the treatment of migraine: How much does real world effectiveness depend on contextual effects?**

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