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Qualifications

PhD, Medical Sciences, Örebro University, Sweden , Örebro University
Award Date: 5 Sept 2025

Master in Rehabilitation, University of Southern Denmark
Award Date: 1 Jun 2014

Physiotherapist, University College Copenhagen
Award Date: 1 Feb 2006

Employment

Physioterapist

Department of Physical Therapy
The Capital Region of Denmark
1 Jul 2014 → present

Research outputs

Cross-cultural validation and reliability of the Leicester Cough Questionnaire in a Danish population

Foldager, F., Schrøder, C. K., Jensen, T., Lauritsen, L. G., Jensen, J. H., Kofod, L. M., Olsen, J. G., Mechlenburg, B., Spinou, A., Poncin, W. & Mechlenburg, I., Dec 2026, In: Annals of Medicine. 58, 1, p. 2637260 2637260.

The Experience of Automated Home Oxygen Therapy for Patients With COPD - A Qualitative Study

Kofod, L. M., Laursen, L. B., Westerdahl, E., Hansen, E. F., Brocki, B. C., Kristensen, M. T. & Bove, D. G., Dec 2025, In: COPD. 22, 1, p. 2477243 2477243.

Optimised oxygenation improves functional capacity during daily activities in patients with COPD on long-term oxygen therapy: a randomised crossover trial

Kofod, L. M., Hansen, E. F., Brocki, B. C., Kristensen, M. T., Roberts, N. B. & Westerdahl, E., 15 Oct 2025, In: Thorax. 80, 11, p. 803-809 7 p.

Oxygen on the move: Reducing hypoxemia in daily living for patients with COPD

Kofod, L. M., 25 May 2025

Automated Oxygen Delivery in Home Setting for Patients with COPD on Long-Term Oxygen Therapy—A Randomized Crossover Feasibility Trial

Kofod, L. M., Hansen, E. F., Kristensen, M. T., Brocki, B. C. & Westerdahl, E., 2025, In: International Journal of COPD. 20, p. 3697-3712 16 p.

Optimised oxygenation improves functional capacity during daily activities in patients with COPD on long-term oxygen therapy – a randomised crossover trial

Kofod, L. M., Hansen, E. F., Brocki, B. C., Kristensen, M. T., Roberts, N. B. & Westerdahl, E., 3 May 2024, (medRxiv : the preprint server for health sciences).

Automated oxygen titration at home for patients with COPD - a pilot study

Kofod, L. M., Hansen, E. F., Brocki, B., Kristensen, M. T. & Westerdahl, E., 2023, In: European Respiratory Society. 62: Suppl. 67, PA1040.

Ude er godt, men hjemme er næstbedst

Kofod, L. M., 10 Jan 2022, In: Ugeskrift for Læger. 184, 1, p. 1-2 2 p., V205094.

Effect of PEP flute self-care versus usual care in early covid-19: non-drug, open label, randomised controlled trial in a Danish community setting

Mollerup, A., Henriksen, M., Larsen, S. C., Bennetzen, A. S., Simonsen, M. K., Kofod, L. M., Knudsen, J. D., Nielsen, X. C., Weis, N. & Heitmann, B. L., 24 Nov 2021, In: BMJ. 375, p. 1-9 9 p., e066952.

Effect of Automated Oxygen Titration during Walking on Dyspnea and Endurance in Chronic Hypoxemic Patients with COPD: A Randomized Crossover Trial

Kofod, L. M., Westerdahl, E., Kristensen, M. T., Brocki, B. C., Ringbæk, T. & Hansen, E. F., 20 Oct 2021, In: Journal of Clinical Medicine. 10, 21, p. 1-11 11 p., 4820.

PEP-CoV protocol: a PEP flute-self-care randomised controlled trial to prevent respiratory deterioration and hospitalisation in early COVID-19

Mollerup, A., Larsen, S. C., Bennetzen, A. S., Henriksen, M., Simonsen, M. K., Weis, N., Kofod, L. M. & Heitmann, B. L., 30 Jun 2021, In: BMJ Paediatrics Open. 11, 6, p. 1-9 9 p., e050582.

COVID-19 and acute respiratory failure treated with CPAP

Kofod, L. M., Nielsen Jeschke, K., Kristensen, M. T., Krogh-Madsen, R., Monefeldt Albek, C. & Hansen, E. F., 11 Apr 2021, In: European Clinical Respiratory Journal. 8, 1, p. 1-9 9 p., 1910191.

Automatic oxygen titration with O2matic® to patients admitted with COVID-19 and hypoxemic respiratory failure

Hansen, E. F., Bech, C. S., Vestbo, J., Andersen, O. & Kofod, L. M., 14 Oct 2020, In: European Clinical Respiratory Journal. 7, 1, p. 1833695

CPAP for patients with COVID-19

Kofod, L. M., Jeschke, K. N., Krogh-Madsen, R., Albek, C. M. & Hansen, E. F., 10 Aug 2020, In: Ugeskrift for Læger. 182, 33

Inspiratory muscle strength and walking capacity in patients with COPD

Kofod, L. M., Hage, T., Christiansen, L. H., Skalkam, K., Martinez, G., Godtfredsen, N. S. & Molsted, S., 1 Jan 2020, In: European Clinical Respiratory Journal. 7, 1, 6 p., 1700086.

Lower mortality after early supervised pulmonary rehabilitation following COPD-exacerbations: a systematic review and meta-analysis

Ryrsø, C. K., Godtfredsen, N. S., Kofod, L. M., Lavesen, M., Mogensen, L., Tobberup, R., Farver-Vestergaard, I., Callesen, H. E., Tendal, B., Lange, P. & Iepsen, U. W., 1 Sept 2018, In: BMC Pulmonary Medicine. 18, 1, p. 154

Resistance Training With Ankle Weight Cuffs Is Feasible in Patients With Acute Exacerbation of COPD

Kofod, L. M., Døssing, M., Steentoft, J. & Kristensen, M. T., Jan 2017, In: Journal of Cardiopulmonary Rehabilitation and Prevention. 37, 1, p. 49-56 8 p.