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Current workplace and contact information

The Department of Clinical Research
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Research areas

I have three years experience with clinical research, within hospitalized and community-dwelling older adults. My scientific focus areas are nutrition and nutritional care for this population, aiming to prevent and treat malnutrition. In my most recent research, I examine the association between malnutrition and cognitive function and further, I am planning my PhD.-project, with focus on appetite and appetite stimulation in acutely admitted older medical patients with malnutrition. I have been working with this group of patients for 3+ years as part of a recently finished (July 2021) randomized controlled trial, OptiNAM (ClinicalTrials.gov Identifier: NCT03741283), and have developed a strong interest for this group of patients.

Current research

Currently, I am working as a project manager of a double blinded randomized placebo-controlled cross-over study (CanPan) monitored by the GCP-unit from the University of Copenhagen. In CanPan we collaborate with Zelo Phase 1 Unit at Bispebjerg Hospital, The Department of Biochemical Science at The North Region of Denmark, The Capital Regions Pharmacy and the Department of Biochemical Science and NovoNordisk Foundation Center for Basic Metabolic Research at the University of Copenhagen.

Experience and education

RELEVANT EMPLOYMENTS

2021 – now: Research assistant, The Department of Clinical Research, Amager and Hvidovre Hospital
2019-2021: Clinical dietician/research assistant, The Department of Clinical Research, Amager and Hvidovre Hospital

CLINICAL EXPERIENCE

2020-2021: Stud.cand.scient and project manager, the Department of Neurology, Rigshospitalet, Glostrup
2017-2018: Intern, Nordsjællands Hospital, Hillerød
2017: Intern, Bispebjerg Hospital

EDUCATION

2018-2021: Master's degree in clinical nutrition, University of Copenhagen
2015-2018: Prof. bachelor, Clinical dietician, University College Copenhagen