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Projektleder

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Primære forskningsområder

The New Nordic Diet and impact on health and lifestyle related diseases

Ansættelse

Projektleder

Steno Diabetes Center Copenhagen

Region Hovedstaden

Herlev, Danmark

1 jan. 2017 → present

Projektleder

Steno Diabetes Center A/S

Gentofte, Danmark

1 nov. 2016 → 31 dec. 2016

Post doc

Københavns Universitet

Copenhagen, Danmark

1 jul. 2014 → 31 okt. 2016

Kvalifikationer

GCP, Good Clinical Practice , Good Clinical Practice (GCP) – monitoring of research projects with study participants/patients , Københavns Universitet

1 dec. 2014 → 1 jan. 2015

Dimissionsdato: 1 jan. 2015

Human Ernæring, PhD, Københavns Universitet

1 aug. 2009 → 30 apr. 2014

Dimissionsdato: 30 apr. 2014

Human Ernæring, Master Degree, Københavns Universitet

1 sep. 2007 → 30 jun. 2009

Dimissionsdato: 1 jul. 2009

Professionsbachelor Ernæring og Sundhed, Professionsbachelor, Suhrs Seminarium

1 sep. 2003 → 1 jan. 2007

Dimissionsdato: 1 jan. 2007

Publikationer

Authors' reply to Kahn's comment

Møller, G., Ritz, C., Kjølbæk, L., Vuholm, S., Korndal, S. K., Larsen, T. M., Pedersen, O., Saris, W., Astrup, A., Lauritzen, L., Kristensen, M. & Lind, M. V., 7 jun. 2021, I: Nutrition, metabolism, and cardiovascular diseases : NMCD. 31, 6, s. 1940-1941 2 s.

Sagittal abdominal diameter and waist circumference appear to be equally good as identifiers of cardiometabolic risk
Møller, G., Ritz, C., Kjølbaek, L., Vuholm, S., Korndal, S. K., Larsen, T. M., Pedersen, O., Saris, W., Astrup, A., Lauritzen, L., Kristensen, M. & Lind, M. V., 8 feb. 2021, I: Nutrition, metabolism, and cardiovascular diseases : NMCD. 31, 2, s. 518-527 10 s.

Human urine H-1 NMR metabolomics reveals alterations of protein and carbohydrate metabolism when comparing habitual Average Danish diet vs. healthy New Nordic diet
Trimigno, A., Khakimov, B., Savorani, F., Poulsen, S. K., Astrup, A., Dragsted, L. O. & Engelsen, S. B., 1 nov. 2020, I: Nutrition (Burbank, Los Angeles County, Calif.). 79-80, s. 79-80 2 s., 110867.

Biomarkers of Individual Foods, and Separation of Diets Using Untargeted LC-MS Based Plasma Metabolomics in a Randomized Controlled Trial
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Pre-treatment microbial Prevotella-to-Bacteroides ratio, determines body fat loss success during a 6-month randomized controlled diet intervention
Hjorth, M. F., Roager, H. M., Larsen, T. M., Poulsen, S. K., Licht, T. R., Bahl, M. I., Zohar, Y. & Astrup, A., 10 okt. 2017, I: International journal of obesity (2005). s. 1-4 4 s.

Pretreatment fasting plasma glucose and insulin modify dietary weight loss success: results from 3 randomized clinical trials
Hjorth, M. F., Ritz, C., Blaak, E., Saris, W. H., Langin, D., Poulsen, S. K., Larsen, T. M., Sørensen, T. I., Zohar, Y. & Astrup, A., aug. 2017, I: The American journal of clinical nutrition. s. 199-505 6 s.

Effect of a Nine-Month Web- and App-Based Workplace Intervention to Promote Healthy Lifestyle and Weight Loss for Employees in the Social Welfare and Health Care Sector: A Randomized Controlled Trial
Balk-Møller, N. C., Poulsen, S. K. & Larsen, T. M., 10 apr. 2017, I: Journal of Medical Internet Research. 19, 4, s. e108

Habitual dietary phosphorus intake and urinary excretion in chronic kidney disease patients: a 3-day observational study
Salomo, L., Kamper, A.-L., Møller Poulsen, G., Poulsen, S. K., Astrup, A. & Rix, M., 2017, I: European Journal of Clinical Nutrition. 71, 6, s. 798-800 3 s.

New Nordic Diet versus Average Danish Diet: A Randomized Controlled Trial Revealed Healthy Long-Term Effects of the New Nordic Diet by GC-MS Blood Plasma Metabolomics
Khakimov, B., Poulsen, S. K., Savorani, F., Acar, E., Gürdeniz, G., Larsen, T. M., Astrup, A., Dragsted, L. O. & Engelsen, S. B., 3 jun. 2016, I: Journal of Proteome Research. 15, 6, s. 1939-54 16 s.

New Nordic Diet-Induced Weight Loss Is Accompanied by Changes in Metabolism and AMPK Signaling in Adipose Tissue
Fritzen, A. M., Lundsgaard, A.-M., Jordy, A. B., Poulsen, S. K., Stender, S., Pilegaard, H., Astrup, A., Larsen, T. M., Wojtaszewski, J. F. P., Richter, E. A. & Kiens, B., sep. 2015, I: The Journal of clinical endocrinology and metabolism. 100, 9, s. 3509-19 11 s.

Long-term adherence to the New Nordic Diet and the effects on body weight, anthropometry and blood pressure: a 12-month follow-up study
Poulsen, S. K., Crone, C., Astrup, A. & Larsen, T. M., feb. 2015, I: European Journal of Nutrition. 54, 1, s. 67-76 10 s.

Untargeted metabolomics as a screening tool for estimating compliance to a dietary pattern
Andersen, M.-B. S., Rinnan, Å., Manach, C., Poulsen, S. K., Pujos-Guillot, E., Larsen, T. M., Astrup, A. & Dragsted, L. O., 7 mar. 2014, I: Journal of Proteome Research. 13, 3, s. 1405-18 14 s.

Discovery and validation of urinary exposure markers for different plant foods by untargeted metabolomics
Andersen, M.-B. S., Kristensen, M., Manach, C., Pujos-Guillot, E., Poulsen, S. K., Larsen, T. M., Astrup, A. & Dragsted, L. O., mar. 2014, I: Fresenius Zeitschrift fur Analytische Chemie. 406, 7, s. 1829-44 16 s.

Microbial enterotypes, inferred by the Prevotella-to-Bacteroides ratio, remained stable during a 6-month randomized controlled diet intervention with the new nordic diet
Roager, H. M., Licht, T. R., Poulsen, S. K., Larsen, T. M. & Bahl, M. I., feb. 2014, I: Applied and Environmental Microbiology. 80, 3, s. 1142-1149 8 s.

Health effect of the New Nordic Diet in adults with increased waist circumference: a 6-mo randomized controlled trial
Poulsen, S. K., Due, A., Jordy, A. B., Kiens, B., Stark, K. D., Stender, S., Holst, C., Astrup, A. & Larsen, T. M., jan. 2014, I: The American journal of clinical nutrition. 99, 1, s. 35-45 11 s.

Health effects of the New Nordic Diet
Poulsen, S. K., 2014, 199 s.

The acceptability of the New Nordic Diet by participants in a controlled six-month dietary intervention
Micheelsen, A., Havn, L., Poulsen, S. K., Larsen, T. M. & Holm, L., 2014, I: Food Quality and Preference. 36, s. 20-26 7 s.

The new nordic diet--consumer expenditures and economic incentives estimated from a controlled intervention
Jensen, J. D. & Poulsen, S. K., 2 dec. 2013, I: BMC Public Health. 13, s. 1114

Effectiveness of a Canteen Take Away concept in promoting healthy eating patterns among employees
Lassen, A. D., Ernst, L., Poulsen, S. K., Andersen, K. K., Laub Hansen, G., Biloft-Jensen, A. & Tetens, I., mar. 2012, I: Public Health Nutrition. 15, 3, s. 452-8 7 s.

Evaluation of a digital method to assess evening meal intake in a free-living adult population
Dahl Lassen, A., Poulsen, S., Ernst, L., Kaae Andersen, K., Biloft-Jensen, A. & Tetens, I., 12 nov. 2010, I: Food and Nutrition Research. 54

Aktiviteter

10th Nordic Nutrition Conference
Poulsen, S. K. (Deltager)
3 jul. 2012

International Congress on Obesity
Poulsen, S. K. (Deltager)
jul. 2010