

Lars Bendtsen  
Department of Neurology



## Main research areas

Trigeminal neuralgia  
Migraine  
Medicationoveruse headache

## Employment

**Department of Neurology**  
The Capital Region of Denmark  
1 Jan 2015 → present

**University of Copenhagen**  
Copenhagen, Denmark  
1 Jan 2005 → present

## Research outputs

**From Tics to Stabs: Renaming Cluster Tics in Cluster Headache-A Cross-Sectional Study**  
Carney, M., Søborg, M.-L. K., Maarbjerg, S., Lund, N., Worm, J., Bendtsen, L., Jensen, R. H. & Petersen, A. S., Feb 2025 , In: European Journal of Neurology. 32, 2, e70053.

**Trigeminal neuralgia and its comorbidities: a nationwide disease trajectory study**  
Worm, J., Jørgensen, I. F., Davíðsson, Ó. B., Hjalgrim, H., Röder, T., Ostrowski, S. R., Pedersen, O. B., Erikstrup, C., Bruun, M. T., Jensen, B. A., Sørensen, E., Ullum, H., Björnsdóttir, G., Thorgeirsson, T., Stefánsson, H., Sveinsson, Ó. Á., Stefánsson, K., Schytz, H. W., Bendtsen, L. & Brunak, S. & 3 others, Hansen, T. F., Maarbjerg, S. & DBDS Genomic Consortium, 1 Oct 2024, (E-pub ahead of print) In: Pain.

**Trigeminal neuralgia**  
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**Challenges in the management of new daily persistent headache at a tertiary headache center-A retrospective real-world evidence study**  
Linnet, T., Hussein, M., Schytz, H. W., Bendtsen, L. & Amin, F. M., May 2024, In: Headache Online. 64, 5, p. 509-515 7 p.

**Pericranial Muscle Stiffness, Pain Thresholds, and Tenderness during a Treatment Cycle of OnabotulinumtoxinA for Chronic Migraine Prevention**  
Dalby, S. W., Hvedstrup, J., Carlsen, L. N., Ashina, S., Bendtsen, L. & Schytz, H. W., 3 Feb 2024, In: Diagnostics. 14, 3, 330.

**Real-world evidence on the economic implications of CGRP-mAbs as preventive treatment of migraine**  
Siersbæk, N., Kilsdal, L., Jervelund, C., Antic, S. & Bendtsen, L., 3 Jul 2023, In: BMC Neurology. 23, 1, p. 254 11 p., 254.

**Comparison of the blink reflex in classical and idiopathic trigeminal neuralgia**  
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**Efficacy of surgical treatment in patients with trigeminal neuralgia secondary to multiple sclerosis: A prospective study of 18 cases with evaluation of outcome and complications by independent evaluators**  
Worm, J., Noory, N., Smilkov, E. A., Heinskou, T. B., Andersen, A. S. S., Springborg, J. B., Rochat, P., Frederiksen, J. L., Bendtsen, L. & Maarbjerg, S., May 2023, In: *Cephalalgia : an international journal of headache*. 43, 5, p. 3331024231167130

**Pain sensitivity in relation to frequency of migraine and tension-type headache with or without coexistent neck pain: an exploratory secondary analysis of the population study**  
Ashina, S., Bendtsen, L., Burstein, R., Iljazi, A., Jensen, R. H. & Lipton, R. B., 27 Jan 2023, In: *Scandinavian Journal of Pain*. 23, 1, p. 76-87 12 p.

**Microvascular decompression in trigeminal neuralgia - a prospective study of 115 patients**  
Andersen, A. S. S., Heinskou, T. B., Rochat, P., Springborg, J. B., Noory, N., Smilkov, E. A., Bendtsen, L. & Maarbjerg, S., 19 Nov 2022, In: *The Journal of Headache and Pain Online*. 23, 1, p. 1-15 15 p., 145.

**Safety and efficacy of erenumab in patients with trigeminal neuralgia in Denmark: a double-blind, randomised, placebo-controlled, proof-of-concept study**  
Schott Andersen, A. S., Maarbjerg, S., Noory, N., Heinskou, T. B., Forman, J. L., Cruccu, G., Ashina, M. & Bendtsen, L., Nov 2022, In: *The Lancet Neurology*. 21, 11, p. 994-1003 10 p.

**Telephone follow-up on treatment and patient satisfaction at a Danish tertiary headache center: A prospective study**  
Carlsen, L. N., Bendtsen, L., Jensen, R. H. & Schytz, H. W., Nov 2022, In: *Headache*. 62, 10, p. 1312-1321 10 p.

**Intravenous fosphenytoin as treatment for acute exacerbation of trigeminal neuralgia: A prospective systematic study of 15 patients**  
Andersen, A. S. S., Heinskou, T. B., Asghar, M. S., Rossen, B., Noory, N., Smilkov, E. A., Bendtsen, L. & Maarbjerg, S., Oct 2022, In: *Cephalalgia : an international journal of headache*. 42, 11-12, p. 1138-1147 10 p.

**Treatment experiences and clinical characteristics in migraine and tension-type headache patients before the first visit to a tertiary headache center**  
Mouaanaki, S. A., Carlsen, L. N., Bendtsen, L., Jensen, R. H. & Schytz, H. W., Oct 2022, In: *Cephalalgia : an international journal of headache*. 42, 11-12, p. 1265-1273 9 p.

**European Headache Federation guideline on the use of monoclonal antibodies targeting the calcitonin gene related peptide pathway for migraine prevention - 2022 update**  
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**Patient-Centered Treatment of Chronic Migraine With Medication Overuse: More Is Not Always Better**  
Scher, A. I. & Bendtsen, L., 5 Apr 2022, In: *Neurology*. 98, 14, p. 563-564 2 p.

**Real-world long-term efficacy and safety of erenumab in adults with chronic migraine: a 52-week, single-center, prospective, observational study**  
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**Calcitonin gene related peptide in migraine: current therapeutics, future implications and potential off-target effects**  
Ray, J. C., Kapoor, M., Stark, R. J., Wang, S.-J., Bendtsen, L., Matharu, M. & Hutton, E. J., Dec 2021, In: *Journal of neurology, neurosurgery, and psychiatry*. 92, 12, p. 1325-1334 10 p., 324674.

**Reply: The role of neurovascular contact in patients with multiple sclerosis**  
Noory, N., Bendtsen, L. & Maarbjerg, S., Nov 2021, In: *Cephalalgia : an international journal of headache*. 41, 13, p. 1407-1408 2 p.

**Health-related quality of life in tension-type headache: a population-based study**

Ashina, S., Buse, D. C., Bjørner, J. B., Bendtsen, L., Lyngberg, A. C., Jensen, R. H. & Lipton, R. B., 26 Oct 2021, In: Scandinavian Journal of Pain. 21, 4, p. 778-787 10 p.

**Treatment of medication overuse headache: Effect and predictors after 1 year-A randomized controlled trial**

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**Reference programme: diagnosis and treatment of headache disorders and facial pain. Danish Headache Society, 3rd edition, 2020**

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Rouw, C., Munksgaard, S. B., Engelstoft, I. M. S., Nielsen, M., Westergaard, M. L., Jensen, R. H., Bendtsen, L. & Carlsen, L. N., Apr 2021, In: European Journal of Pain. 25, 4, p. 852-861 10 p.

**Neurovascular contact plays no role in trigeminal neuralgia secondary to multiple sclerosis**

Noory, N., Smilkov, E. A., Frederiksen, J. L., Heinskou, T. B., Andersen, A. S. S., Bendtsen, L. & Maarbjerg, S., Apr 2021, In: Cephalalgia : an international journal of headache. 41, 5, p. 593-603 11 p.

**Evidence of localized and widespread pressure pain hypersensitivity in patients with tension-type headache: A systematic review and meta-analysis**

Fernández-de-Las-Peñas, C., Plaza-Manzano, G., Navarro-Santana, M. J., Olesen, J., Jensen, R. H. & Bendtsen, L., Feb 2021, In: Cephalgia. 41, 2, p. 256-273 18 p.

**Hovedpine og ansigtssmerter**

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**Intrakraniel trykforstyrrelse**

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**Comparison of 3 Treatment Strategies for Medication Overuse Headache: A Randomized Clinical Trial**

Carlsen, L. N., Munksgaard, S. B., Nielsen, M., Engelstoft, I. M. S., Westergaard, M. L., Bendtsen, L. & Jensen, R. H., 1 Sept 2020, In: JAMA Neurology. 77, 9, p. 1069-1078 10 p.

**Advances in diagnosis, classification, pathophysiology, and management of trigeminal neuralgia**

Bendtsen, L., Zakrzewska, J. M., Heinskou, T. B., Hodaie, M., Leal, P. R. L., Nurmiikko, T., Obermann, M., Cruccu, G. & Maarbjerg, S., 2020, In: The Lancet Neurology. 19, 9, p. 784-796 13 p.

**REFERENCEPROGRAM: Diagnostik og behandling af hovedpinesygdomme og ansigtssmerter**

Bendtsen, L., Amin, F. M., Ashina, M., Carlsen, L. N., Hansen, J. M., Jensen, R. H., Lund, N., Maarbjerg, S., Munksgaard, S. B., Vukovic Cvetkovic, V. & Schytz, H. W., 2020, 3. ed. Dansk Hovedpine Selskab. 87 p.

**Complete withdrawal is the most effective approach to reduce disability in patients with medication-overuse headache: A randomized controlled open-label trial**

Nielsen, M., Carlsen, L. N., Munksgaard, S. B., Engelstoft, I. M. S., Jensen, R. H. & Bendtsen, L., Jun 2019, In: Cephalgia : an international journal of headache. 39, 7, p. 863-872 10 p.

**Circulating nociceptin and CGRP in medication-overuse headache**

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**Prognostic factors for outcome of microvascular decompression in trigeminal neuralgia: A prospective systematic study using independent assessors**

Heinskou, T. B., Rochat, P., Maarbjerg, S., Wolfram, F., Brennum, J., Olesen, J. & Bendtsen, L., Feb 2019, In: *Cephalalgia : an international journal of headache*. 39, 2, p. 197-208 12 p.

**Complete withdrawal is the most feasible treatment for medication-overuse headache: A randomized controlled open-label trial**

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**Correction to: European headache federation guideline on the use of monoclonal antibodies acting on the calcitonin gene related peptide or its receptor for migraine prevention**

Sacco, S., Bendtsen, L., Ashina, M., Reuter, U., Terwindt, G., Mitsikostas, D.-D. & Martelletti, P., 2019, 24 p.

**Economic benefits of treating medication-overuse headache - results from the multicenter COMOESTAS project**

Jellestad, P. L., Carlsen, L. N., Westergaard, M. L., Munksgaard, S. B., Bendtsen, L., Lainez, M., Fadic, R., Katsarava, Z., Goicochea, M. T., Spadafora, S., Jensen, R. H., Nappi, G., Tassorelli, C. & COMOESTAS Consortium, 2019, In: *Cephalalgia : an international journal of headache*. 39, 2, p. 274-285 12 p.

**European Academy of Neurology guideline on trigeminal neuralgia**

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**European headache federation guideline on the use of monoclonal antibodies acting on the calcitonin gene related peptide or its receptor for migraine prevention**

Sacco, S., Bendtsen, L., Ashina, M., Reuter, U., Terwindt, G., Mitsikostas, D.-D. & Martelletti, P., 2019, In: *Journal of Headache and Pain*. 20, 1, p. 1-33 6.

**Favourable prognosis of trigeminal neuralgia when enrolled in a multidisciplinary management program - a two-year prospective real-life study**

Heinskou, T. B., Maarbjerg, S., Wolfram, F., Rochat, P., Brennum, J., Olesen, J. & Bendtsen, L., 2019, In: *Journal of Headache and Pain*. 20, 1, p. 1-11

**Psychological, clinical, and therapeutic predictors of the outcome of detoxification in a large clinical population of medication-overuse headache: A six-month follow-up of the COMOESTAS Project**

Bottiroli, S., Allena, M., Sances, G., De Icco, R., Avenali, M., Fadic, R., Katsarava, Z., Lainez, M. J., Goicochea, M. T., Bendtsen, L., Jensen, R. H., Nappi, G., Tassorelli, C. & COMOESTAS Consortium, 2019, In: *Cephalalgia : an international journal of headache*. 39, 1, p. 135-147 13 p.

**Challenges recruiting to a proof-of-concept pharmaceutical trial for a rare disease: the trigeminal neuralgia experience**

Zakrzewska, J. M., Palmer, J., Bendtsen, L., Di Stefano, G., Ettlin, D. A., Maarbjerg, S., Obermann, M., Morisset, V., Steiner, D., Tate, S. & Cruccu, G., 2018, In: *Trials*. 19, 1, p. 704 10 p.

**Complete detoxification is the most effective treatment of medication-overuse headache: A randomized controlled open-label trial**

Carlsen, L. N., Munksgaard, S. B., Jensen, R. H. & Bendtsen, L., 2018, In: *Cephalalgia : an international journal of headache*. 38, 2, p. 225-236

**Guideline on the use of onabotulinumtoxinA in chronic migraine: a consensus statement from the European Headache Federation**

Bendtsen, L., Sacco, S., Ashina, M., Mitsikostas, D., Ahmed, F., Pozo-Rosich, P. & Martelletti, P., 2018, In: *Journal of Headache and Pain*. 19, 1, p. 91

**Has aerobic exercise effect on pain perception in persons with migraine and coexisting tension-type headache and neck pain? A randomized, controlled, clinical trial**  
Krøll, L. S., Sjödahl Hammarlund, C., Gard, G., Jensen, R. H. & Bendtsen, L., 2018, In: European journal of pain. 22, 8, p. 1399-1408 10 p.

**Increased pain sensitivity in migraine and tension-type headache coexistent with low back pain: A cross-sectional population study**  
Ashina, S., Lipton, R. B., Bendtsen, L., Hajiyeva, N., Buse, D. C., Lyngberg, A. C. & Jensen, R., 2018, In: European journal of pain. 22, 5, p. 904-914 11 p.

**Lifelong contribution to headache science: A tribute to Professor Jes Olesen**  
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**Neuroticism, depression and pain perception in migraine and tension-type headache**  
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**Persistent idiopathic facial pain - a prospective systematic study of clinical characteristics and neuroanatomical findings at 3.0 Tesla MRI**  
Maarbjerg, S., Wolfram, F., Heinskou, T. B., Rochat, P., Gozalov, A., Brennum, J., Olesen, J. & Bendtsen, L., 2017, In: Cephalgia : an international journal of headache. 37, 13, p. 1231-1240

#### **Reply**

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**Safety and efficacy of a Nav1.7 selective sodium channel blocker in patients with trigeminal neuralgia: a double-blind, placebo-controlled, randomised withdrawal phase 2a trial**  
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#### **Trigeminal neuralgia - diagnosis and treatment**

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#### **Trigeminusneuralgi – diagnostik og behandling**

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#### **Klinisk præsentation og behandling af medicinoverforbrugshovedpine**

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#### **Medication-overuse headache: a perspective review**

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#### **Diagnostik og behandling af trigeminusneuralgi**

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#### **Muscles and their role in episodic tension-type headache: implications for treatment**

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**Quantitative sensory testing in classical trigeminal neuralgia-a blinded study in patients with and without concomitant persistent pain**

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**Clinical presentation and treatment of medication-overuse headache**

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**Kan smertestillende medicin medføre kronisk hovedpine? en opdatering på diagnostik og behandling af medicinoverforbrugshovedpine**

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**Medication overuse headache in Europe and Latin America: general demographic and clinical characteristics, referral pathways and national distribution of painkillers in a descriptive, multinational, multicenter study**

COMOESTAS Consortium, 2016, In: Journal of Headache and Pain. 17, p. 20 12 p.

**Premonitory symptoms in migraine: A cross-sectional study in 2714 persons**

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**Trigeminal neuralgia - a coherent cross-specialty management program**

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**Familial Hemiplegic Migraine and Recurrent Episodes of Psychosis: A Case Report**

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**Treatment guidelines: implications for community-based headache treatment**

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**Prevalence of neck pain in migraine and tension-type headache: A population study**

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**Significance of neurovascular contact in classical trigeminal neuralgia**

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**Ibuprofen for acute treatment of episodic tension-type headache in adults**

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**Sumatriptan plus naproxen i behandlingen af akutte migræneanfald: en gennemgang af et Cochrane review**

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**Disability, anxiety and depression associated with medication-overuse headache can be considerably reduced by detoxification and prophylactic treatment. Results from a multicentre, multinational study (COMOESTAS project)**

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**Tension-type headache**

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**Tension-Type Headache**

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**The relationship between headache and religious attendance (the Nord-Trøndelag health study-HUNT)**

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**Detoxification of medication-overuse headache by a multidisciplinary treatment programme is highly effective: A comparison of two consecutive treatment methods in an open-label design**

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